

# PATIENT NEWSLETTER



danet**medical**practice

Working together for better healthcare

Email: [danetmedical.practice@nhs.net](mailto:danetmedical.practice@nhs.net)  
Website: [www.danetmedicalpractice.co.uk](http://www.danetmedicalpractice.co.uk)  
Telephone: 01327 703333  
Cancellation Hotline: 01327 708537

Welcome to the Winter Edition of YOUR Patients' Newsletter. We hope you enjoy reading through and finding out what's happening within YOUR practice.

## Issue: Winter 2018

### Foreword from Dr. James



From Monday 3<sup>rd</sup> December, we are asking our Patient Services Advisors, to request a brief outline of your symptoms when we book you an appointment. This is for us to ensure you see the right clinician for the problem you are calling about. All of our staff are committed to patient confidentiality, and

are experienced in dealing with sensitive information. Working closely with our GPs, we have a team of Advanced Practitioners, who can see you for many minor illnesses, such as coughs, colds, chest and urine infections, aches and pains and minor injuries. Our Advanced Practitioners can also write prescriptions, should you require medication for your problem. Did you also know we may be able to offer you an evening or weekend appointment at a local surgery, for a range of illnesses? Please ask our Patient Services Team for more information

**Please help us to help you.**

### NHS Free Health Checks

**Are you aged between 40-74?** Have you been invited for your free NHS health check recently? This valuable assessment helps us to identify your risk from various conditions such as heart disease, diabetes, kidney disease and even dementia. It can also help us to assess your risk for having a stroke. Knowing your risks is so important because it means that we can take steps **now** to stop these things before they develop into life changing or potentially life threatening conditions. **BOOK NOW** if you have not already been diagnosed with any of the above conditions.



### Advanced Practitioner Team

Working closely with the GPs in the Practice, the ANPs can see you with a wide range of problems including:

- Minor Injuries
- Minor illness – which include
- Coughs, colds and sore throats
- Dizziness
- Ear problems
- Women's health issues
- Contraception
- Constipation
- Diarrhoea and/or vomiting
- Eczema
- Psoriasis
- Urine infections & Cystitis
- Sore throats
- Aches & Pains
- Indigestion
- Nose bleeds
- Cellulitis
- Shingles
- Cold sores
- Insect bites
- Hay fever
- Sore eyes
- Sinusitis

### Annual Reviews

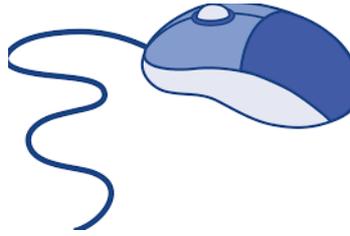
Please be advised that our Advanced Practitioner team will be supporting the GPs in the Practice in undertaking annual reviews for asthma, COPD and mental health



## DMP Website

Our website has received a recent 'makeover', so if you haven't already, take a look at our new and improved site

<https://www.danetremedicalpractice.co.uk/>



Let us have your feedback, you can email via the Contact Us page

## Patient Participation Group

The Danetre Medical Practice PPG will be setting up a suggestions box and information board within the main waiting area, as well as updating information on the PPG Page of our newly improved website, in the New Year. We'll keep you posted in Practice and via the website!



## Welcome



To Angela Horton, our new Specialist Diabetic Nurse, who joined the Treatment Room in October

And to Dr. Khassim Kouassi-Bandama, who is working with us as a Registrar during his GP training. Dr Kouassi-Bandama will be with us until April.



## Accredited Training Practice

Danetre Medical Practice participates in the General Practice Vocational Training Scheme, whereby fully qualified doctors wishing to enter general practice receive three years' further training. These trainee GPs or Registrars will be working within the Practice and available for consultations. Dr. Trudy Lewis is the Training Lead and is supported by Dr. Helen Iles.

## Meet the Team....

Our experienced **Treatment Room** team are here to help.

The team comprises of 3 Practice Nurses and 3 Health Care Assistants who have a variety of skills and knowledge.



We are able to see you for

- Dressings
- Vaccinations
- Cytology
- Blood Pressure Checks
- Ear Wash Out
- Blood Tests

We also have specialist clinics for:

- Leg Ulcers
- Diabetes
- Spirometry
- Childhood Immunisations
- NHS Health Checks

We also carry out many other procedures within the team and have access to a wider multi-disciplinary team.

The Treatment Room is open from 07:30am to 18:00pm Monday to Friday



**Please note our PLT Training dates. We close at 12.30 on the dates below. Please call 111 if you require medical assistance.**

**16<sup>th</sup> January  
13<sup>th</sup> February  
13<sup>th</sup> March  
3<sup>rd</sup> April**